

SINGAPORE MASTERS ATHLETICS					
TRACK AND FIELD 2009 CHAMPIONSHIPS					
RESULTS					
4TH OCTOBER 2009 , BUKIT GOMBAK STADIUM					
Event 101	Men 3000m Walk				
Position	Name	Country	Tag No	Time	Age Group
1st	S Sathiyanesan	Swift Masters	5556	18:37.1	55-59yrs
2nd	Sjn Thani Clase	PDRM Masters	5530	19:04.5	55-59yrs
3rd	HJ Athnan B HJ Samah	Johore Masters	5546	23:01.2	55-59yrs
4th	Dhanpat sing dhadha	India	5550	28:30.4	55-59yrs
Event 101	Men 3000m Walk				
Position	Name	Country	Tag No	Time	Age Group
1st	R Loganathan	Red Hawk Masters	6035	18:29.4	60-64yrs
2nd	John Kutty Stansillas	Police Masters	6033	19:12.3	60-64yrs
3rd	Affendi Buang	Singapore Masters	6034	20:38.2	60-64yrs
Event 101	Men 3000m Walk				
Position	Name	Country	Tag No	Time	Age Group
1st	Vattavil Geeverghes Mathew	India Masters	6514	18:46.0	65-69yrs
Event 101	Men 3000m Walk				
Position	Name	Country	Tag No	Time	Age Group
1st	Gurder Sing	India	7012	22:00	70-74yrs

2nd	Ng Nhoh Heng	SMA Masters	7010	22:00.9	70-74yrs
3rd	SN Singam	SMA Masters	7008	22:39.3	70-74yrs
Event 101	Men 3000m Walk				
Position	Name	Country	Tag No	Time	Age Group
1st	P.C Jacob	India	7514	0:26:39:41	75-79yrs
2nd	Sukendar	Indonesia Masters	7515	0:27:35:53	75-79yrs
Event 101	Men 3000m Walk				
Position	Name	Country	Tag No	Time	Age Group
1st	Krishnan Haridas	SMA MSTERS	8020	24:08.5	80-84yrs
Event 101	Women 3000m Walk				
Position	Name	Country	Tag No	Time	Age Group
1st	Ms Komathi Jayaraman	Swift Masters	4542	0:19:17:68	45-49yrs
2nd	Chandra Premarethna	Sri Lanka	4518	0:19:53:55	45-49yrs
3rd	Mrs Tan Sioe Chen	Indonesia Masters	4545	0:19:58:28	45-49yrs
4th	Ms Kowsula Kour	Swift Masters	4543	0:21:12:51	45-49yrs
Event 101	Women 3000m Walk				
Position	Name	Country	Tag No	Time	Age Group
1st	URB VK Ranasinghal	Sri Lanka	5016	0:23:06:10	50-54yrs
2nd	Mrs Sukarmiati	Indonesia Masters	5027	0:26:19:10	50-54yrs
3rd	Mrs Yuyuk Hermin Astuti	Indonesia Masters	5028	0:30:21:64	50-54yrs

1st	Hj.Athnan	Johor Masters	5526	0:23:01:21	55-59yrs
1st	Ms Lem See Tiam	Singapore Masters	6505	0:28:43:97	65-69yrs
1st	Ms Lim Soo Gek	Singapore Masters	7012	0:32:17:33	70-74yrs
Event 102	5000m Walk Men				
Position	Name	Country	Tag No	Time	Age Group
1st	WAV Nishantha Kumara	Sri Lanka Masters	3504	0:34:09:93	35-39yrs
1st	R Subramaniam	Swift Masters	4012	0:29:00:15	40-44yrs
2nd	Choo Hui Nguan	Police Masters	4014	0:32:48:65	40-44yrs
3rd	Yong Lai Huat	Johor Masters	4007	0:33:07:85	40-44yrs
1st	Rajanthran MKS	Swift Masters	4555	0:30:33:57	45-49yrs
2nd	K Jayapal	PDRM Masters	4520	0:31:24:36	45-49yrs
3rd	Mohd Nasir	PDRM Masters	4521	0:31:36:44	45-49yrs
4th	Gurbachan Singh	Swift Masters	4556	0:31:49:70	45-49yrs
5th	Mustafa Kamal	Johor Masters	4526	0:39:11:51	45-49yrs
1st	Sm Mansaor Haji Md Yumos	PDRM Masters	5017	0:37:24:08	50-54yrs
2nd	N.Chandra Sekar	India	5004	0:40:21:18	50-54yrs
Event 103	Men Shot Put Throw				
Position	Name	Country	Tag No	Dist	Age Group

1st	Dr. AV Manoj Vijayan	India	3545	8.48	35-39yrs
2nd	Chris Chia	SMA Masters	3507	8.41	35-39yrs
3rd	Krishnadas	India	3544	7.26	35-39yrs
1st			4055	10.25	40-44yrs
2nd	Cpl Raymond Gerard	PDRM Masters	4049	9.59	40-44yrs
3rd	Cpl Mohd Ali bin Shahrin	PDRM Masters	4053	8.16	40-44yrs
4th	HJ Md Zunaidi bin HJ.Zakaria	Brunei Masters	4040	6.37	40-44yrs
1st	F Jerrad Fernando	Sri Lanka Masters	4512	9.88	45-49yrs
2nd	Rehman Ibrahim	Singapore Masters	4514	9.31	45-49yrs
3rd	N. Jeyaraman	Selangor	4545	9.10	45-49yrs
4th	Abdul Rahim Abdullah	Singapore Masters	4543	8.25	45-49yrs
1st	Sjn Zainal Abidin bin Nawawi	PDRM Masters	5022	9.43	50-54yrs
2nd	Sub Insp Shawal bin HJ Shaar	PDRM Masters	5016	8.08	50-54yrs
3rd	K Krishnasamy	Selangor	5005	7.26	50-54yrs
1st	Hj Sibah bin Dullah	Brunei Masters	5557	9.86	55-59yrs
2nd	Lum Fook	Red Hawk	5564	6.97	55-59yrs
1st	P S Sidhu	India Masters	6526	9.52	65-69yrs
2nd	James Jayabalan	Johor Masters	6521	9.01	65-69yrs
1st	Jimmy Tan Kim Teck	Labuan Masters	7011	7.88	70-74yrs
2nd	Gurdev Singh	India Masters	7012	6.66	70-74yrs

1st	G S Sidhu	India	7516	10.04	75-79yrs
2nd	Sukendai	Indonesia	7515	3.73	75-79yrs
1st	Mr.Jade Thongruang	Thai Masters	9003	5.41	90-94yrs
Event 104	Women Shot Put Throw				
Position	Name	Country	Tag No	Dist	Age Group
1st	Sindhu Lossly Ross	India Masters	3504	6.50	35-39yrs
1st	Hjh Maria Metussin	Brunei Masters	5018	5.91	50-54yrs
2nd	Lucia Ambrase Ali	LAB	5038	5.88	50-54yrs
3rd	Ms H P J Kalubowila	Sri Lanka Masters	5017	5.71	50-54yrs
4th	Habsah bte A Malik	Johor Masters	5023	4.73	50-54yrs
1st	Mrs Chaleosri	Thai Masters	6024	6.80	60-64yrs
2nd	Mrs Irene Tan G Too	Johor Masters	6027	3.94	60-64yrs
1st	Ms Janny Han	Labuan Masters.	6510	5.31	65-69yrs
1st	Mrs Hartini Djoko	Indonesia Masters	7013	3.84	70-74yrs
1st	Marie Rovek	Indonesia Masters	7505	3.60	75-79yrs

Event 105	Men 200m				
Position	Name	Country	Tag No	Time	Age Group
1st	Paul	-	3512	24.2s	35-39yrs
2nd	Jesada Sohasun	Thai Masters	3501	24.6s	35-39yrs
3rd	Steven Tay	Singapore Masters	3506	25.0s	35-39yrs
4th	N R H Mendis	Sri Lanka Masters	3502	25.5s	35-39yrs
5th	Iskandar Ronald Bin Abdullah	Singapore Masters	3510	25.9s	35-39yrs
6th	Chris Chia	Singapore Masters	3507	26.8s	35-39yrs
7th	Rajan Mohan	India Masters	3546	28.2s	35-39yrs
1st	Ernawan Witarsa	Indonesia	4016	24.0s	40-44yrs
2nd	Kevin Tang	Spore Masters	4017	24.9s	40-44yrs
3rd	Wong Foong Wee	Spore Masters	4035	25.0s	40-44yrs
4th	Sudhi V K	India Masters	4018	25.9s	40-44yrs
5th	SNS dias	Sri Lanka Masters	4054	26.0s	40-44yrs
6th			4003	26.1s	40-44yrs
7th	Md Adenan	Safsa Masters	4045	26.3s	40-44yrs
8th	Jason Wong Mun Kong	Safsa Masters	4034	26.4s	40-44yrs
9th	Siri Chohprasit	Thai Masters	4001	26.6s	40-44yrs
10th	Matthew Liew	Singapore Masters	4036	26.8s	40-44yrs
11th	Santhosh	India	4009	27.0s	40-44yrs
12th	Pranap Chandra Gogoi	India Masters	4008	27.5s	40-44yrs
13th	Vera Ruangrod	Thai Masters	4004	27.8s	40-44yrs
14th	Lum Kee Fatt	Safsa Masters	4044	28.7s	40-44yrs
1st	Prajak Mulee	Thai Masters	4510	26.2s	45-49yrs

2nd	Thomas Lee	Singapore Masters	4560	27.4s	45-49yrs
3rd	JMNP Jayasighe	Sri Lanka Masters	4511	27.7s	45-49yrs
4th	Ho Paw Sang	Spore Masters	4548	31.4s	45-49yrs
5th	Musa bin Amin	Singapore Masters	4519	32.9s	45-49yrs
1st	Jasmori Rasip	Safsa Masters	5024	26.5s	50-54yrs
2nd	Mohammed Harianto	Indonesia Masters	5031	26.7s	50-54yrs
3rd	Stanley Wee S C	SMA Masters	5019	27.0s	50-54yrs
4th	G P Weerasena	Sri Lanka Masters	5010	28.7s	50-54yrs
5th	C Jochim	Sri Lanka Masters	5015	30.5s	50-54yrs
1st	Peter Teo Yong Meng	Safsa Masters	5529	28.2s	55-59yrs
2nd	Amlan Bin Akin	Johor Masters	5547	29.3s	55-59yrs
3rd	Jerri Then	Spore Masters	5565	29.9S	55-59yrs
4th	Bimal Gogoi	India Masters	5549	35.5s	55-59yrs
5th	HJ Athnan B. HJ Abu Samah	Johor Masters	5546	40.5s	55-59yrs
1st	Abdul Salam	Singapore Masters	6037	28.5S	60-64yrs
2nd	Prabhakar N Jogalekar	India Masters	6036	29.0s	60-64yrs
3rd	PHJ. Mendis	Sri Lanka	6048	29.7s	60-64yrs
4th	Sonvichai Sukho	Thai Masters	6049	30.0S	60-64yrs
5th	M Thanabalan	Johor Masters	6044	30.9S	60-64yrs
6th	M Guna Desa	Siglap Masters	6032	31.3S	60-64yrs
7th	Jadu Nath Gogoi	India Masters	6043	32.3S	60-64yrs
1st	Soetikno Hemdrata	Indonesia Masters	6523	32.2s	65-69yrs

2nd	Foo Dun Heen	SMA Masters	6503	37.9s	65-69yrs
1st	HJ Adenan PDP HJ Bakar		7024	33.6s	70-74yrs
2nd	Gurder Singh	India	7012	34.2s	70-74yrs
Event 106	Women 200m				
Position	Name	Country	Tag No	Time	Age Group
1st	Nuttiya	Thailand	3503	30.2s	35-39yrs
2nd	Ms Roshini Kumasena	Sri Lanka Master	3533	39.2s	35-39yrs
3rd	Ms Sindhu Lossely Ross	India Masters	3504	41.8s	35-39yrs
Position	Name	Country	Tag No	Time	45-49yrs
1st	Ms. Michele Hossack	Ireland Masters	4544	29.8s	45-49yrs
2nd	Baby Paulose	India Masters	4522	38.7s	45-49yrs
3rd	Ms.T R Thankamma	India Masters	5025	41.5s	45-49yrs
Position	Name	Country	Tag No	Time	50-54yrs
1st	Ms Linda Oh	Singapore Masters	5029	31.9s	50-54yrs
2nd	Ms V K Thankamma	India Masters	5516	37.0s	50-54yrs
3rd	Ms G W Malini	Sri Lanka Masters	5040	38.9s	50-54yrs
4th	Ms HP Kalubowila	Sri Lanka Masters	5017	46.5s	50-54yrs
Position	Name	Country	Tag No	Time	55-59yrs
1st	Christina Labanjing	Labuan	5519	35.0s	55-59yrs
2nd	Vithiya Wathy	Malaysia	5518	35.9s	55-59yrs

3rd	Rangamma	India	5516	37.0s	55-59yrs
Position	Name	Country	Tag No	Time	60-64yrs
1st	Ms Pitchay Kandasamy	SMA Masters	6018	42.8s	60-64yrs
Position	Name	Country	Tag No	Time	65-69yrs
1st	Yenny Prayogo	Indonesia	6508	46.2s	65-69yrs
Event 107	Women 800m				
Position	Name	Country	Tag No	Time	Age Group
1st	Ms Chandra Premarathne	Sri Lanka Masters	4518	3:50	45-49yrs
1st	Ms URBVK Ranasinghe	Sri Lanka Masters	5016	4:20	50-54yrs
1st	Ms Yenny Prayogo	Indonesia Masters	6508	5:44	65-69yrs
Event 108	Men 800m				
Position	Name	Country	Tag No	Time	Age Group
1st	Thanasekaran	Selangor	3527	2:16	35-39yrs
2nd	Patagar Laxman	India Masters	3541	2:19	35-39yrs
3rd	WAV Nisantha Kumara	Sri Lanka Masters	3504	2:29	35-39yrs
1st	Marcus Sherwood	KL Masters	4002	2:16	40-44yrs
2nd	K Janardaran	India Masters	4019	2:16	40-44yrs

3rd	Lcp Abd Malek bin Abd Rani	PDRM Masters	4052	2:18	40-44yrs
4th	Robson Phan SS	Safra Masters	4043	2:21	40-44yrs
5th	Lam Kim Fai	Safsa Masters	4046	2:33	40-44yrs
6th	HJ Md Safriudin bin HJ Md Hal	Brunei Masters	4039	3:56	40-44yrs
1st	Philipus Kosimwidjaja	Indonesia Masters	4549	2:15	45-49yrs
2nd	Jon Schultz	KL Masters	4544	2:23	45-49yrs
1st	Cpl Ibrahim bin Mat Sheriff	PDRM Masters	5020	2:31	50-54yrs
2nd	M Perumal	Johor Masters	5002	2:40	50-54yrs
3rd	Raja Arumugam	Negeri Masters	5029	3:00	50-54yrs
1st	Ramakrishnan	Negeri Masters	5558	2:16	55-59yrs
2nd	M.P.Abeyrathne	Sri Lanka Masters	5539	2:33	55-59yrs
3rd	SV Suppiah	SMA Masters	5551	2:45	55-59yrs
4th	M.P.Krishnan	Johor Masters	5548	3:08	55-59yrs
1st	Iyanar Kaundar	Negeri Masters	6065	2:53	60-64yrs
2nd	Jadu Nath Gogoi		6043	3:08	60-64yrs
3rd	Subramah Saidan	SMA Masters	6066	3:13	60-64yrs
1st	Lim Kuan Yong	Red Hawk Masters	6535	3:19	65-69yrs
2nd	N.Pookeys	Red Hawk Masters	6534	3:20	65-69yrs
3rd	Han Siew Kwong	Labuan Masters	6524	4:11	65-69yrs
1st	Low Choon Chua	SMA Masters	7013	3:41	70-74yrs

1st	Sukendar	Indonesia Masters	7515	6:24	75-79yrs
1st	Krishnan Haridas	Spore Masters	8020	4:49	80-84yrs
Event 109	Long Jump Women				
Position	Name	Country	Tag No	Dist	Age Group
1st	Ms.Roshini Kumarasena	Sri Lanka Masters	3533	3.38	35-39yrs
1st	Ms Kintan Hamzah	Johor Masters	4048	3.09	40-44yrs
1st	Ms Michelle Hossack	Ireland Masters	4544	4.10	45-49yrs
2nd	Ms Baby Polost	India Masters	4522	3.39	45-49yrs
1st	Ms Zabidah Zakaria	Johor Masters	5019	3.00	50-54yrs
2nd	M G W Malini	Sri Lanka Masters	5040	2.67	50-54yrs
1st	Ms V K Thankamah	India Masters	5516	3.22	55-59yrs
Event 110	Long Jump Men				
Position	Name	Country	Tag No	Dist	Age Group
1st	Ernawan	Indonesia Masters	4016	5.84	40-44yrs
2nd	V Benedy	India Masters	4020	5.59	40-44yrs
3rd	Manojkar	India Masters	4037	5.14	40-44yrs
4th	Matthew Liew	Singapore Masters	4036	4.71	40-44yrs

1st	Raya R Naik	India Masters	4540	5.58	45-49yrs
2nd	Sjn Lukman	PDRM Masters	4523	4.16	45-49yrs
3rd	JMNP Jayasinghe	Sri Lanka Masters	4511	4.09	45-49yrs
4th	Sjn Sirajuddin	PDRM Masters	4516	3.91	45-49yrs
1st	Cpl Mohd Fuzi bin Manan	PDRM Masters	5023	4.38	50-54yrs
2nd	G P Weerasena	Sri Lanka Masters	5010	4.28	50-54yrs
3rd	Bombang Hari	Indonesia Masters	5030	4.27	50-54yrs
4th	Kamalanati R Debnath	India Masters	5027	4.21	50-54yrs
5th	S Mensua	PDRM Masters	5017	3.77	50-54yrs
1st	V Marappa	India Masters	5517	4.62	55-59yrs
2nd	Peter John Stau€n	Labuan Masters	5555	4.02	55-59yrs
1st	Sonvichai Shuko	Thai Masters	6049	4.45	60-64yrs
2nd	PHJ Mendis	Sri Lanka Masters	6048	4.01	60-64yrs
3rd	Prabhakar N Jogalekar	India Master	6036	3.98	60-64yrs
4th	Affandy Buang	Singapore Masters	6024	3.55	60-64yrs
1st	Han Siew Kwong	Labuan Masters	6524	2.34	65-69yrs
1st	HJ Adenan PDP HJ Bakar	Brunei Masters	7024	2.59	70-74yrs
Event 111	Women Discus Throw				

Position	Name	Country	Tag No	Dist	Age Group
1st	B.K. Sanuruddkik	Sri Lanka	3532	14.38	35-39yrs
1st	Ms.Somying Arunchaeng	Thai Masters	4049	11.57	40-44yrs
1st	Ms Hjh Mariah bte Hj Metussin	Brunei Masters	5018	17.71	50-54yrs
2nd	Lucia Ambrose Ali	Labuan Masters	5038	14.35	50-54yrs
3rd	Ms Habsah bte A.Malek	Johor Masters	5023	10.85	50-54yrs
1st	Ms Janny Han Kim Hui	Labuan Masters	6510	12.50	65-69yrs
2nd	Ms Saroja Devi	Johor Masters	6501	8.85	65-69yrs
1st	Mrs Hartini Djoko	Indonesia Masters	7013	10.03	70-74yrs
1st	Marie Rorek	Indonesia Masters	7505	9.11	75-79yrs
Event 112	Men Discus Throw				
Position	Name	Country	Tag No	Dist	Age Group
1st	Krishanadas PB	India Masters	3544	25.03	35-39yrs
2nd	Dr AV Manoj Vijayan	India Masters	3545	24.64	35-39yrs
3rd	Chris Chia	Singapore Masters	3507	14.97	35-39yrs
1st	Cpl Raymond Gerard	PDRM Masters	4049	25.53	40-44yrs
2nd			4055	24.29	40-44yrs
3rd			4056	20.23	40-44yrs

1st	F Jerrad Fernando	Sri Lanka Masters	4512	27.82	45-49yrs
2nd	Jayaraman	Selangor Masters	4545	22.43	45-49yrs
3rd	S Ragawan	Johor Masters	4527	19.66	45-49yrs
1st	Sjn Zainal Abidin bin Nawawi	PDRM Masters	5022	24.94	50-54yrs
2nd	Dr Adesh Kumar	India	5033	24.86	50-54yrs
3rd			5003	24.24	50-54yrs
4th	Shawal	PDRM Masters	5016	22.77	50-54yrs
5th	Poon Kumar	India	5028	22.50	50-54yrs
6th			5005	21.15	50-54yrs
7th	Silvbrrajan	STS	5036	16.54	50-54yrs
1st	Nadarajan	Selangor Mastesr	5557	27.11	55-59yrs
2nd			5541	20.01	55-59yrs
3rd			5540	10.90	55-59yrs
1st	M Thanabalan	Johor Masters	6044	23.76	60-64yrs
1st	P S Sidhu	India	6526	28.64	65-69yrs
2nd			6521	26.10	65-69yrs
	Awg Tabib bin Gumbang	Brunei Masters			
	James Jayabalan	Johor Masters			
1st	Jimmy Tan Kim Teck	Labuan Masters	7011	22.89	70-74yrs

2nd	Abdul Razak Bungsu	Brunei Masters	7025	19.60	70-74yrs
1st	Jade Thongruang	Thai Masters	9003	14.35	90-94yrs
Event 113	Men 100m				
Position	Name	Country	Tag No	Time	Age Group
1st	Paul Lotter	Unattached	3512	11.8s	35-39yrs
2nd	Steven Tay	Singapore Masters	3506	12.1s	35-39yrs
3rd	Iskandar Ronald	Singapore Masters	3510	12.3s	35-39yrs
4th	Sanjoy D Wankhed	India Masters	3543	12.5s	35-39yrs
5th	Chris Chia	Singapore Masters	3507	12.7s	35-39yrs
6th	Jesada Sohasun	Thai Masters	3501	12.8s	35-39yrs
1st	Ernawan Wilter	Indonesia Masters	4016	11.4s	40-44yrs
2nd	Kevin Tan KL	Spore Masters	4017	11.9s	40-44yrs
3rd	Wong Foong Wee	Singapore Masters	4035	12.1s	40-44yrs
4th	Sudhi VK	Indonesia Masters	4018	12.5s	40-44yrs
5th	Chalom Poonsawat	Thai Masters	4003	12.7s	40-44yrs
6th	Matthew Liew	Spore Masters	4036	13.0s	40-44yrs
7th	Adenan bin Md Eksan	Safsa Masters	4045	13.2s	40-44yrs
1st	Paul Su	SMA Masters	4547	12.4s	45-49yrs
2nd	Prajak Mulee	Thai Masters	4510	12.7s	45-49yrs

3rd	JMNP Jayasinghe	Sri Lanka Masters	4511	12.9s	45-49yrs
4th	Arunagire Nathan (Steve)	Singapore Masters	4537	13.8s	45-49yrs
5th	Abdul Rahim bin Othman	Singapore Master	4551	14.5s	45-49yrs
6th	Ismail bin Pahie	Singapore Masters	4546	15.3s	45-49yrs
7th	Bindhan B Biswas	India Masters			
1st	Tan Kim Seng	Safsa Masters	5023	12.4s	50-54yrs
2nd	Stanley Wee	SMA Masters	5019	12.6s	50-54yrs
3rd	Jasmori Rasip	Safsa Masters	5024	12.8s	50-54yrs
4th	Mohammad Harianto	Indonesia Masters	5031	13.1s	50-54yrs
5th	Kamalanati R Debnath	India Masters	5027	13.3s	50-54yrs
6th	GP Weerasena	Sri Lanka Masters	5010	13.5s	50-54yrs
7th	C Jochim	Sri Lanka Masters	5015	13.8s	50-54yrs
1st	Peter Teo Yong Meng	Spore Masters	5529	13.4s	55-59yrs
2nd	Amlan bin Akin	Johor Masters	5547	13.8s	55-59yrs
3rd	Peter John Staun	Johor Masters	5555	14.2s	55-59yrs
4th	Jerri Then	Spore Masters	5565	14.7s	55-59yrs
5th	Seah Chew Cheng	Spore Masters	5563	15.5s	55-59yrs
6th	Chew Yiok Koon	Singapore Masters	5559	15.8s	55-59yrs
1st	Abdul Salam B HJ Hamid	Singapore Masters	6037	13.3s	60-64yrs
2nd	Prabhakar N Jogalekar	India Masters	6036	13.4s	60-64yrs
3rd	PHJ Mendis	Sri Lanka Masters	6048	14.0s	60-64yrs
4th	R Thanabalan	Johor Masters	6044	14.3s	60-64yrs

1st	Soetikno Hendrata	Indonesia Masters	6523	14.6s	65-69yrs
2nd	Foo Dun Heen	SMA Masters	6503	21.6s	65-69yrs
1st	Adenan PDP Hj Bakar	Brunei Masters	7024	15.3s	70-74yrs
2nd	Gurdev Sing		7012	15.6s	70-74yrs
3rd	Sukedar	Indonesia	7515	38.5s	70-74yrs
Event 114	Women 100m				
Position	Name	Country	Tag No	Time	Age Group
1st	Nuttiya	Thailand Masters	3503	14.1s	35-39yrs
2nd	BKS Anuruddhika	Sri Lanka	3532	17.8s	35-39yrs
3rd	Sindhu Lossly Rose	India Masters	3504	18.6s	35-39yrs
1st	Margaret Oh	Spore Masters	4523	14.3s	45-49yrs
2nd	Baby Polost	India Masters	4522	18.3s	45-49yrs
1st	Linda Oh	SMA Masters	5029	14.9s	50-54yrs
2nd	GW Malini	Sri Lanka Masters	5040	17.5s	50-54yrs
3rd	TR Thankamma	India Masters	5025	19.0s	50-54yrs
Event 116	High Jump Men				
Position	Name	Country	Tag No	Dist	Age Group

1st	Pramod Kumar	India Masters	4015	1.54	40-44yrs
2nd	Sudhi V.K	Indonesia Masters	4018	1.40	40-44yrs
3rd	Santhosh Kumar	Indonesia Masters	4009	1.35	40-44yrs
1st	Sjn Rahimi Abdullah	PDRM Masters	4515	1.50	45-49yrs
2nd	F Jerrad Fernando	Sri Lanka Masters	4512	1.35	45-49yrs
1st	V Marrappa	India Masters	5517	1.40	55-59yrs
1st	Haji Razak	Brunei Masters	7025	1.00	70-74yrs
Event 119	400m Men				
Position	Name	Country	Tag No		Age Group
1st	Jesada Sohasun	Thai Masters	3501	57.0s	35-39yrs
2nd	NRH Mendis	Sri Lanka Masters	3502	57.2s	35-39yrs
3rd	Putthajak Sodapak	Thai Masters	3511	69.4s	35-39yrs
4th	Achari Sufie	Singapore Masters	3511	69.4s	35-39yrs
1st	Benedy V	India	4020	56.6s	40-44yrs
2nd	Cpl Abdul Malik bin Abd Rani	PDRM Masters	4052	57.7s	40-44yrs
3rd	Siri Chohprasit	Thai Masters	4001	58.2s	40-44yrs
4th	Jason Wong Mun Kong	Safsa Masters	4034	59.2s	40-44yrs
5th	SNS Dias	Sri Lanka Masters	4054	60.0s	40-44yrs
1st	Prajak Mulee	Thai Masters	4510	63.5s	45-49yrs

2nd	Arnagienathan	Singapore Masters	4537	68.0s	45-49yrs
3rd	Ho Pow Sang	Singapore Masters	4548	70.4s	45-49yrs
4th	MVSG Amid	Spore Masters	4519	82.7s	45-49yrs
1st	Tan Kim Seng	Safsa Masters	5025	57.6s	50-54yrs
2nd	K Chandra	Safsa Masters	5026	67.7s	50-54yrs
3rd	Devnath KKR	India Masters	5027	68.2s	50-54yrs
4th	Michael Tan Swee Chong	Spore Masters	5006	82.4s	50-54yrs
1st	MP Abeyrathne	Swift AA Masters	5539	64.9s	55-59yrs
2nd	Amlan bin Akin	Johor Masters	5547	67.8s	55-59yrs
3rd	Jerri then	Spore Masters	5565	70.3s	55-59yrs
4th	Bimal Gogoi	India Masters	5549	86.6s	55-59yrs
1st	Munshi Ram	India Masters	6031	67.2s	60-64yrs
2nd	M Gunadesa	Siglap Masters	6032	71.0s	60-64yrs
3rd	Sonvichai Sukho	Thai Masters	6049	72.7s	60-64yrs
4th	Afandi B Buang	Singapore Masters	6034	83.9s	60-64yrs
1st	N.Pookeys	Red hawks	6534	87.1s	65-69yrs
1st	Ng Ngoh Heng	Spore Masters	7010	92.1s	70-74yrs
Event 120	400m Women				
Position	Name	Country	Tag No	Time	Age Group

1st	Christina tay	Spore Masters	4039	1:15	40-44yrs
1st	Ms Michele Hossack	Ireland Masters	4544	1:08	45-49yrs
2nd	Chandra Premthe	Sri lanka Masters	4518	1:38	45-49yrs
1st	TR Thankamma	India Masters	5025	1:42	50-54yrs
2nd	HPJ Kaluvowila	Sri lanka Masters	5017	2:13	50-54yrs
€					
1st	Yenny Prayogo	Thai Masters	6508	2:22	65-69yrs
Event 118	3000m Men				
Position	Name	Country	Tag No	Time	Age Group
1st	Patagar Laxman Vasudev	India Masters	3541	10.58.4	35-39yrs
2nd	R D S K Ranasingh	Sri Lanka	3503	11.55.0	35-39yrs
3rd	Lam Song Guan	Safsa Masters	3547	13.07.9	35-39yrs
1st	Robsan Phan	Safsa Masters	4043	11.00.1	40-44yrs
2nd	Thomas Muller	Singapore Masters	4032	11.06.6	40-44yrs
3rd	Anuwat Sookchareon	Thai masters	4005	11.59.2	40-44yrs
1st	Pilpuskusim	Indonesia	4549	11.23.7	45-49yrs

2nd	Raya N Naik	India Masters	4540	12.07.0	45-49yrs
3rd	Sahar Bin Samuni	PDRM Masters	4522	12.43.4.	45-49yrs
4th	S/Major ramli bin Dollah	PDRM Masters	4517	14.24.5	45-49yrs
5th	Mustafa Kamal	Johor Masters	4526	15.51.2	45-49yrs
1st	Sjn Zakaria	PDRM Masters	5032	12.17.4	50-54yrs
2nd	Raja Arimsim	NS	5029	12.34.2	50-54yrs
3rd	Cpl Zulkifli bin Mat Zain	PDRM Masters	5021	13.32.2	50-54yrs
4th	N Chandraekar	India Masters	5004	13.52.8	50-54yrs
1st	Jimmy Lim	Singapore Masters	6038	12.56.4	60-64yrs
2nd	Lie Lyana	Negeri Sembilan	6065	13.20.7	60-64yrs
3rd	Subramah Sadin	Singapore Masters	6066	15.11.1.	60-64yrs
1st	Gurudayl Singh	India Masters	6522	12.48.2.	65-69yrs
2nd	Han Siew Kwong	Labuan Masters	6524	18.22.9	65-69yrs
1st	G Ramanatham	SMA Masters	7014	18.43.7	70-74yrs
1st	PC Jacob	India Masters	7514	20.27.6	75-79yrs
Event 122	Javelin Men				
Position	Name	Country	Tag No	Dist	Age Group
1st	Dr. AV Manoj Vijayan	India	3545	36.86	35-39yrs
2nd	Prem pal	India	3542	35.00	35-39yrs
3rd	Chris Chia	Spore Masters	3507	21.65	35-39yrs

1st	Ramphal Sharma	India Masters	4031	41.27	40-44yrs
2nd	Abd Rahim bin Mohidin	Brunei Masters	4042	30.85	40-44yrs
3rd	Rpn Raph Nafsiri	Sri Lanka	4056	30.51	40-44yrs
4th	Azahar	PDRM Masters	4053	29.39	40-44yrs
1st	Rahman Ibrahim	Singapore Masters	4514	34.21	45-49yrs
2nd	Dr. Vasa	PDRM Masters	4513	33.43	45-49yrs
3rd	S Ragawan	Johor Masters	4527	30.30	45-49yrs
4th	S.Lokman	PDRM Masters	4523	28.39	45-49yrs
1st	Krishnasamy	selangor	5005	29.40	50-54yrs
2nd	V Mathivanan	Johor Masters	5001	24.78	50-54yrs
3rd	Shawal	PDRM Masters	5016	21.78	50-54yrs
4th	Silverrajan	STS	5036	14.99	50-54yrs
5th	Ades Kumar Sharma	India	5033	14.98	50-54yrs
1st	Suetikao Hendrada	Indonesia Masters	6523	29.36	65-69yrs
1st	Haji Rhzak	Brunei Masters	7025	24.76	70-74yrs
2nd	G Ramanatham	SMA Masters	7014	24.19	70-74yrs
3rd	Jimmy	SMA Masters	7011	22.66	70-74yrs

Event 123	Javelin Women				
Position	Name	Country	Tag No	Dist	Age Group
1st	Kintan Hamzah	Johor Masters	4048	15.66	40-44yrs
1st	Lucia Ambrose	Labuan Masters	5038	16.11	50-54yrs
2nd	Hajah Mariah	Brunei Masters	5018	13.07	50-54yrs
3rd	HPJ Kalubowie	Sri Lanka	5017	12.76	50-54yrs
1st	Janny Han	Labuan Masters	6510	11.70	65-69yrs
2nd	Saroja Devi	Johor Bahru Masters	6501	5.66	65-69yrs
1st	Hartini	Indonesia Masters	7013	9.06	70-74yrs
1st	Maria Rorek	Indonesia Masters	7505	7.08	75-79yrs
Event 115	1500m Men				
Position	Name	Country	Tag No	Time	Age Group
1st	Patagar Laxman Vasudev	India Master	3541	4:52	35-39yrs
2nd	Thansekaram	Selangor Masters	3527	5:00	35-39yrs
3rd	RDSK Ranasinghe	Sri Lanka Masters	3503	5:29	35-39yrs
1st	Marcus Sherwood	KC Master	4002	4:57	40-44yrs
2nd	Thomas Muller	Swift Masters	4032	4:59	40-44yrs
3rd	Lam Kim Fai	Safsa Masters	4046	5:18	40-44yrs

4th	Cpl Mohd Zaini bin Harun	PDRM Masters	4048	5:34	40-44yrs
1st	Philipus Kosimwidjaja	Indonesia Masters	4549	4:51	45-49yrs
1st	Cpl Ibrahim bin Mat Sheriff	PDRM Masters	5020	5:33	50-54yrs
2nd	Sjn Zakaria bin Rahim	PDRM Masters	5032	5:34	50-54yrs
3rd	H.A Yapali	Sri Lanka Masters	5034	5:38	50-54yrs
4th	Perumal Murugesu	Johor Masters	5002	5:51	50-54yrs
1st	Ramakrishnan	Negeri Masters	5558	4:48	55-59yrs
2nd	Suppiah	Spore Master	5551	5:51	55-59yrs
1st	Iyanar Kovundar	Negeri Masters	6065	6:00	60-64yrs
2nd	Jadumatt Gogoi	India Master	6043	7:01	60-64yrs
1st	Lim Kuan Yong	Red Hawk Masters	6535	7:09	65-69yrs
1st	Low Choon Chua	SMA Masters	7013	7:52	70-74yrs
2nd	G Ramanatham	SMA Masters	7014	8:23	70-74yrs
1st	Sukendar	Indonesia Master	7515	13:32	75-79yrs
Event 22	4 x 100m	MEN	50 & ABOVE		Age Group
Position	Name	Country	Tag No	Time	Remark
1st	SAFSA		5025	52.40	
2nd	Singapore Masters		6037	52.70	

3rd	India		6036	62.80	
Event 22	4 x 100m	MEN	Below 50		Age Group
Position	Name	Country	Tag No	Time	Remark
1st	Singapore Masters		4020	47.70	
2nd	India		6037	48.60	
3rd	Thai Masters		3501	49.00	
4th	Sri Lanka		4054	50.80	
5th	India		4015	52.20	
6th	India		4540	58.60	
Event 22	4 x 100m	Women	Above 50		Age Group
Position	Name	Country	Tag No	Time	Remark
1st	Singapore Masters		4544	59.00	
2nd	Selangor Masters		5519	72.30	
3rd	Sri Lanka		5040	72.60	
4th	India Masters		5516	73.40	
Event 22	4 x 400m	Men	Below 50		Age Group
Position	Name	Country	Tag No	Time	Remark
1st	MR 25 TEAM 1		4547	3.56.6	
2nd	Sri Lanka		3502	4.02.4	
3rd	India Masters		4020	4.04.4	
4th	Safsa		4034	4.07.8	
5th	Thai		4001	4.08.4	

Event 22	4 x 400m	Men	Above 50		Age Group
Position	Name	Country	Tag No	Time	Remark
1st	PDRM		5021	4.28.3	
2nd	MR 25 TEAM 2		5565	4.53.8	